HOME VISITATION LEADERSHIP ADVISORY COALITION

Wednesday, September 21, 2016

10:00 am – Noon OSDH, Eighth Floor

Room 806

This meeting available via VideoConference!

Click link above for VideoConference registration instructions or contact OSDH/FSPS for more information (405) 271-7611.

MUST register in advance to participate by VideoConference!

Agenda

Please bring or forward in advance any related materials, brochures, calendars specific to your program for sharing!

WELCOME

- Introductions and sharing of program information [Roll Call by County]
- Announcements upcoming conferences, other community resources, and related discoveries that would benefit other home visitation efforts across the state!

Special Presentation

Use of Multiple Level Qualitative Research
 to Better Understand Home Visitation
 Program Engagement, Support and Quality Improvement

A major difficulty of home visitation is the high rate of program attrition, resulting in families not reaching targeted behavior change goals. Other barriers to success can include inadequate community and leadership support for programs. The current study uses a qualitative approach to examine multiple levels of home visitation involvement (participants, providers, administrators, state leadership) in pursuit of new knowledge related to engagement, support, and quality improvement strategies for home visitation programs.

Lana Beasley, Ph.D.

Assistant Professor, Oklahoma State University

Adjunct Professor of Research, University of Oklahoma Health Sciences Center

UPDATES

- CAP ACTION News
- HV Safety Manual Revision

BUSINESS

- Old
- New
- Future Agenda Items
- Brainstorm possible Speakers

NEXT MEETING DATES

- Wed, November 16, 2016 (OSDH Room 806 Video Conference available)
- Wed, January 18, 2017 (OSDH Room 806 Video Conference may be available)*
- Wed, March 22, 2017 (OSDH Room 806 Video Conference may be available)*
- Wed, May 17, 2017 (OSDH Room 806 Video Conference <u>may</u> be available)*

ADJOURN

Please note:

Meetings are from 10:00 a.m. until Noon at the Oklahoma State Health Department, room 806 (8th floor) 1000 NE 10th St, Oklahoma, City, OK 73117 (405) 271-7611

Home Visitation Leadership Advisory Coalition

September 21, 2016

10:00 a.m. to 12:00 p.m. ODSH Room 806 *Minutes*

Central Office Attendance:

Mindy Bellack, HFA
Patty DeMoraes, LCDA
Sally Dixon, Children First/OCCHD
Dayen Dooley, MCN Project Launch
LaChez' English, Parent Promise
Tiffany Holmes, OSDH/FSPS

Gina Richardson, OSDH/SoonerStart Cyd Roberts, Smart Start OK Vicki Land, Smart Start OKC Yolanda Lucero, OKC PAT Sherie Trice, OSDH/FSPS Mindy Turner, Bethany PAT

VideoConference Attendance:

Carter: Julie Williamson, parentPRO

Cherokee: Terry Maddis

Cleveland: Lisa Linke, CCFI; Tiffany Willis, CCFI

Creek: Twanna Treat, parentPRO; Danielle Bryant, parentPRO; Donnette Widdoes, parentPRO

Garvin: Vicki Long, Children First **Kiowa:** Emma Shandor, HFA

McCurtain: Barbara Battiest, HFA; Marilyn Walden, HFA Muskogee: Charo Brown parentPRO; Joyce Walker, DNM Seminole: Shai Alexander, HFA; Tina Johnson, HFA

Tulsa: Amanda Burgan, parentPRO; Sheri Davis, HFA; Donna Holladay, HFA; Brenda Velella, parentPRO

Woods: Brenda Rose, HFA

Welcome:

- Introductions and sharing of program information
- Announcements
 - Motivational Interview Training available November 1-4, 2016.

For more information contact Suzy Gibson, (405) 271-7611.

- Training will be held in Newcastle, Oklahoma at the Comfort Inn;
 Rooms are available to trainees for \$75/night; Closed enrollment.
- Oklahoma Family Resource Coalition (OFRC) will be doing a trauma training located in Tulsa on September 30, 2016. Admission is free to OFRC members.
- Forms Training
 - Children First will be held in the morning and Parents as Teachers in afternoon
 - Video Conferencing available: for more info, Melissa Heibel, (405) 271-7611
 - Forms will be available in ETO on October 1, 2016
- Healthy Families America will transition to Parents as Teachers November 4, 2016
- McClain Garvin Youth & Family Center will be hosting their 5th Annual Child Abuse Prevention Poker Run – Saturday, September 24, 2016.
 For more information, contact Mindy Bellack, (405) 527-2424
- CCFI Cleveland County Now has a diaper pantry.
 Good are available for clients and members of the community.
- o The Farm Girl Fair in Norman will be Saturday September 24, 2016.
- o Bethany PAT had their 3rd Annual Roll and Read. 30 families participated.

 Youth and Family Services (Hughes and Seminole Counties) will have their annual Diaper Shower in the month of October.

Special Presentation:

• Lana Beasley, Ph.D.

Assistant Professor, Oklahoma State University
Adjunct Professor of Research, University of Oklahoma Health Sciences Center

- Use of Multiple Level Qualitative Research to Better Understand Home Visitation Program Engagement, Support and Quality Improvement
 - A major difficulty of home visitation is the high rate of program attrition in families
 not reaching targeted behavior change goals. Other barriers to success can include
 inadequate community and leadership support for programs. The current study uses
 a qualitative approach to examine multiple levels of home visitation involvement
 (participants, providers, administrators, state leadership) in pursuit of new
 knowledge related to engagement, support, and quality improvement strategies for
 home visitation programs.

Please Review Attached Slides for Presentation

Updates:

- CAP Action News
 - Next CAP Action meeting 10/14/16 @ 10:00am [email sheriet@health.ok.gov for more details]
 - Committee discussed community activities that can be conducted across the state.
 Events discussed include: ZumbaThon, Call-a-Thon, 5K Walk Run for Child Abuse
 Prevention Awareness, Post-It Note Challenge, and Click Campaign.
 - For more information on ways to volunteer or learn more information about the activities contact Sherie Trice, (405) 271-7611
- HV Safety Manual
 - Manual distribution has been delayed due continued updates and edits.

Meeting Adjourned at 12:00 pm

Use of Multiple Level Qualitative Research to Better Understand Home Visitation Program Engagement, Support and Quality Improvement

LANA O. BEASLEY, PHD DAVID BARD, PHD JANE SILOVSKY, PHD

Multiple Levels of Qualitative Data

- Overarching goal
 - Conduct a qualitative study to determine specific participant, provider, administrator, and legislative factors related to home based parenting success
 - ► Look at Engaged and Unengaged levels of participants across programs
- o Participants
 - o Children First (N=42)
 - o OCAP (N=19)
 - o PAT (N=26)
- o Providers (N=54)
- o Administrators (N=9)
- o Legislature (N=4)

Children First	OCAP	PAT
Engaged	Engaged	Engaged
N=27	N=15	N=26
Children First	OCAP	PAT
Unengaged	Unengaged	Unengaged
N=15	N=4	N=0
Children First	OCAP	PAT
Providers	Providers	Providers
N=25	N=11	N=18

Reasons for Enrolling: Caretakers

What were you looking for in a parenting program?

"I really didn't know kind of what to do to raise my children in a sense. Like I didn't know how to teach them certain behaviors and establish certain habits. Early on it felt like there was a gap where you know you were taught about birthing classes and how to take care of kids, changing diapers, but there was nothing about raising children, about how to stop certain behaviors so I was looking for something like that."

(PAT Engaged Mother)

Stress/Overwhelmed (Children First)

Having Multiple Children (PAT)

Referred or Recommended

Isolation Support

Education/Information

Advice Stress reduction

Parent Characteristics

Parenting skills

Insecure/Anxious (Children First)

Child development

Child Socialization (PAT)

New, young, and/or single parent

Engagement Across the Spectrum: Caretakers

Some families stayed in the home visitation program, while other families did not. What things helped you stay in the program?

"After I had my baby my self-esteem was real low so she helped me to encourage, you can do this, I mean you can do this, you feel good like somebody pushes you like you push your children, you can do it, you can do it, and then say okay yes. Yeah I am going to try my best."

(OCAP Engaged Mother)

Available

Self-Care

Caring In-home services

Provider Co

Education/Information to

Connection to Resources

Materials

Relationship

nship Approach Individualizes A

Services

Support

Activities (OCAP & PAT)

Persistent

Enjoys job

Updated Parenting Information

Medical/Developmental

Characteristics/Personality

Motivational

Engagement Across the Spectrum: Providers

Think back to families that you were able to engage in services. What helped these families to engage in services?

"...you never go into a home with a critical attitude, you have to be strengths based and empower them. And say what they're doing right instead of just finding out, commenting on the things that you think could need improvement. They've asked you to come into their home, that's a huge strength. They're willing to talk with you about their child, that's another strength. "

(PAT Provider)

Support System

Provider

Motivated

Trusting

In-home services

Participant Characteristics

Seeing improvement

Persistent

Flexible

Incentives (OCAP)

Free Program (PAT)

Basic Needs Met (Children First)

Better Life for Children

Builds a Relationship

Engagement Across the Spectrum: Administrators

Think about providers who best engage hard-to-reach families. What makes these providers more successful at engagement?

"I think probably having a clear sense of their community and where families they're trying to reach are going to be." (State Administrator)

Committed

Family Violence

Critical Thinking

Adequate Training

Personality/Characteristics

Education/Information for Families

Understand Family Needs Motivational Interviewing

Connections with community resources/agencies

Passionate

Attrition Across the Spectrum: Caretakers

Some families stayed in the home visitation program, while other families did not. What made it difficult for you to complete the program?

"The first time she was supposed to come out, she wasn't on time and she was kinda rude and after that we had scheduled appointments and the first one she just didn't show up and then she called... well I called to schedule it again and we made another and she called a couple days later to say she couldn't make it ... so we scheduled it again and she didn't show up again, so I just kinda gave up. I was tired of getting let down time after time."

(Children First Unengaged Mother)

Program
Characteristics

Transient life Approach
Characteristics/Qualities
Judgmental Provider

Disrespectful to other family members

Pushy

Issues with time
Uneducated

In-home

services

Not 'connecting with parent

DHS In Reporting Q

Invasive Questions

Poor Communication

Attrition Across the Spectrum: Providers

Now think about those families you were unable to engage. What were the barriers to engagement?

"I think they are so upset in their own lives that it's hard to give to their children - although they do love their children ... there's so much going on ... their emotional tank is so empty it's hard to give or be concerned. Some of them are trying to survive, they're trying to find something to eat, they're trying to get along with the boyfriend ... So some of them are so upset that they're wiped out emotionally and they can't do as much for their child and those same people were not done for (as children) and so they don't have the example of being able to do for their child." (OCAP Provider)

Lack of Support (OCAP)

Chaotic/Unstable Life

Basic Needs Not Met Fear of DHS (OCAP)

Involvement (OCAP)

Family Influence (OCAP)

> Culture (OCAP)

Language Barrier (PAT)

Limited Time

Participant Characteristics (OCAP & PAT)

Transportation (PAT)

Support of Home Visitation Programs: Administrator

How do you decide which programs you support for children and families?

"Is it a good fit for our population? And if not, are there minor things we can do to make it more adaptable to the population that we serve and the people that need that help? I don't think we can assume that we're the only place in the United States or the world that has a population with these or similar problems. It's bound to have occurred other places, and how did they deal with it? How did they get out of it? How did they work through it? And then I think we need to make sure that we're prepared to invest the money necessary to get the greatest changes. Now we may not fix it all, we may not end child abuse, we may not end child neglect, but if we can at least break the cycle for the most high-risk children and the children at the greatest risk of ... then we can work on the next level as time progresses."

(State Administrator)

Continuum of care Reduce intergenerational Lasting Impacts trauma

Parental behavior and attitude change Feasibility

Evidence-based

Hands-on approach

Support of Home Visitation Programs: Legislature

How do you decide which programs you support for children and families?

"So a community based coupled with evidence-based and as long as it's culturally and linguistically sensitive I'll support it. But like I said those dollars have to become smart dollars. And it's a program that yields evidence and can offer best practices, just because you obtain the evidence what do you do with it and how do you disseminate that?"

(Oklahoma Legislator)

Culturally and linguistically sensitive

Data on effectiveness

Community-based

Important Home Visitation Outcomes: Administrator

Lower arrest rate

Parent training

Lasting outcomes

How do you decide which programs you support for children and families?

"...a lot of different variables ... lower reduction in abuse and neglect ... more school attendance, and ... lower arrest. Just a variety of variables."

(State Administrator)

Child Abuse Prevention

Program costs

Reduce burden on institutions

Education

Cost savings

Keeping the family together

Important Home Visitation Outcomes: Legislature

Enhanced parenting skills

Efficiency and effectiveness

School attendance

How do you decide which programs you support for children and families?

"We don't want long list of statistics and no solutions. We want solutions. And sometimes the very people doing the work have the solutions. And then we want to put them in legislative form. "
(State Legislator)

Utilization of resources

School readiness

Cost savings

Child abuse reduction

Data-informed outcomes

Increased family stability

Sustainability

Summary and Action Steps

Characteristics/Personality

Approach

Support

Provider

Support

Education

Education/Information

Training

Enrollment

Engagement

Characteristics/Personality

Approach

Provider

Program Characteristics

Chaotic/Unstable Life

Limited time

Attrition

Summary and Action Steps

Support of Programs



Evidence Based

Data on Effectiveness

Parental Behavior Change

Important Outcomes



Cost Effectiveness

Education

Parenting

Sustainability

THANK YOU!

Please direct questions to:

lana.beasley@okstate.edu